



Pozdravljeni
vsi prijatelji
DiaMind-a!

Spet je čas za
DiaMind - ki
je v 14 letih
zapovrstjo postal

že kar novi letni čas. Kot smo
obljubili pred dobrim mesecem,
je letošnje srečanje nadaljevanje
lanskega, s tematiko 'Ženske
in diabetes': tokrat, od mlade
ženske do babice.

9. in 10. aprila, vsak dan od 16h
do 17:30, se bomo pogovarjali

z zelo posebnimi gostjami.
Drugi dan vas seveda ne bomo
razočarali, saj bomo ponovno
priče psihoterapiji 'v živo' z
igralkama. Predstavili bosta dve
gospe s sladkorno boleznijo iz
moje diabetes prakse in njune
izzive.

Poglejte si letošnje panelistke
in pohitite! Danes je zadnji dan
za prijave. Pridružite se nam na:
www.diamind.si

Udeležba je brezplačna!
Pridružite se, ne bo vam žal!

In ne pozabite, to srečanje, kot
vedno, soustvarjate z nami!

Opisala bi vam še eno iskrico
iz moje prakse prejšnjega
tedna. Mlajša gospa s sladkorno
boleznijo tipa 1 pove, da se
čudovito znajde s svojo črpalko
z zaprto zanko – z eno izjemo:
črpalka nikakor ne more 'pokriti'
večje potrebe po insulinu
nekaj dni pred menstruacijo. Z
zanimanjem sem jo poslušala
in odkrila nekaj novega – kaj,
pa izveste na **DiaMind**-u ...
pridite, pridružite se nam,
dobrodošli!

Karin z **DiaMind** timom

WOMEN AND DIABETES: FROM YOUNG WOMAN TO GRANNY

Psychological and Ethical Considerations

Day 1, Wednesday, April 9 (all times are CET)

- 16:00 Welcome and Introduction of the Discussion of Day 1 (Kanc, Kos)
- 16:10 Specifics of Female Diabetes - continuation from last year A Psychologist's, Diabetologist's, PWD's View A Discussion (Mocan, Kovač, Gornik, Openshaw; Kanc)
- 17:10 Panel Discussion with Audience (Mocan, Kovač, Gornik, Openshaw, Kanc)
- 17:30 End of Day 1

Day 2, Thursday, April 10

- 16:00 Welcome and introduction of Day 2 with Endocrinologist (Groti-Antonić)
- 16:10 Tele-Psychotherapy: PWD with Infertility Challenges (Actress: Lucija Ostan Vejrup, SLO; Openshaw)
- 16:35 Tele-Psychotherapy: PWD with Type 2 Diabetes - middle-aged woman in menopause meets Psychotherapist (Actress: Jette Ostan Vejrup, DK; Openshaw)
- 17:00 Summary of the Psychological Aspects / Ethics presented during 'live cases' (Openshaw; Kanc)
- 17:15 Panel discussion with Audience (Openshaw; Gornik; Mocan; Groti-Antonić; Kanc)
- 17:30 End of Meeting





Hello dear
DiaMind
friends!

It's that special
DiaMind time of
the year again –
like a season that
returns faithfully,
now for the 14th time in a row!

As mentioned in the invitation
we sent out about a month ago,
this year's focus will again be on
Female Diabetes – this time with
the theme: »From Young Woman
to Granny.«

We're thrilled to welcome
inspiring guest speakers on both
days: April 9 and 10, from 16:00
to 17:30 CEST.

And yes – we won't disappoint!
On Day 2, you'll once again
experience live psychotherapy
sessions performed by actors,
based on real-life stories from my
own diabetes practice.

Scroll down to see this year's
amazing panel of speakers.

Many participants from Slovenia
and around the world have
already registered – don't miss
your chance!

Today is the final day to register –
for FREE – at www.diamind.si.

And remember – as always, you
are co-creators of this meeting.
We need YOU to make it truly
special!

I'd like to share another little
spark from my practice last week.
A young woman with type
1 diabetes told me that she
manages wonderfully with her
closed-loop insulin pump – with
one exception: the pump simply
can't keep up with her increased
insulin needs in the few days
before her period.

I listened with great interest and
discovered something new – but
what exactly? You'll find out at
DiaMind...

Come along, join us – you're very
welcome!

Karin and **DiaMind** team

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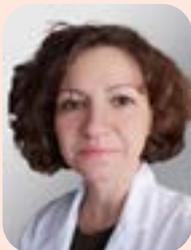
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EXPERTS:



Andreia Mocan, PhD is a clinical psychologist and cognitive-behavioral psychotherapist. She works at the Center for Diabetes, Nutrition, and Metabolic Disease at the Emergency Clinical County Hospital in Cluj-Napoca, Romania. Her primary focus is on diabetes self-management and the mental health needs of adolescents and adults with diabetes. She also supervises and trains young clinical psychologists and coordinates their activities. She is invited to speak about diabetes mental health to psychology/medical students, as well as to members of the healthcare team. She is a member of the European Association for the Study of Diabetes (EASD) Diabetes Distress Guideline Project and of the Psychosocial Aspects of Diabetes (PSAD) Study Group where she coordinates the Clinical Practice Interest Group.



Kristina Groti Antonič, MD, PhD, is a specialist of internal medicine at the University Clinical Centre of Ljubljana, where she works as researcher and clinician at the Endocrinological Clinical Department. She has numerous publications from the field of Endocrinology



Nika Kovač, MS is the founding director of the 8th of March Research Institute, a movement-building organization that uses storytelling and advocacy to confront gender and economic inequalities across Slovenia. Nika has a master's degree in social and cultural anthropology from the University of Ljubljana and was a member of the 2020 class of the Obama Foundation Leaders program in Europe.



Živa Gornik, BSc is anthropology student finishing her master's research on Student Sex Work in Slovenia. She is fascinated by the world of human sexuality, by psychotherapy and science communication.



Sally Openshaw is a Sexual and Relationship Psychotherapist working in private practice in The Forest of Dean, UK. Sally is an Accredited Fellow of College of Sexual and Relationship Therapists. She is a certified Integrative Psychotherapist and Supervisor. Sally is the President of the International Integrative Psychotherapy Association (IIPA). She balances her busy working life with a weekly dose of grandchildren and growing vegetables on the land around her home.



Karin Kanc, MD, PhD is the co-organizer of **DiaMind**, diabetologist in her own diabetes practice jazindiabetes (Diabetes & Me) and an integrative psychotherapist (IIPA), serving as a member of the Board of Trustees at IIPA. She was proclaimed by the PWD's: The Diabetologist of the Year 2024.